



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Turkey Meatballs with Gravy Broccoli Mashed Potato	Chicken Tikka Masala with Rice	Roast Beef & Gravy Cauliflower & Broccoli Roast Potatoes	Spaghetti Bolognese	Jumbo Fish Finger Garden Peas Chipped Potatoes
	Or				
	✓ Chilli Con Carne with Rice Mixed Salad	✓ Cottage Pie Baton Carrots	✓ Quorn Fillet or Lentil Roast Veg & Roast Potatoes	✓ Home Made Cheese Whirls Baked Beans	✓ Roasted Vegetable Pasta Mixed Salad
	Mixed Salad, Fresh Bread				
	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings
	Dessert				
Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Salmon & Tomato Ketchup Fishcakes Coleslaw ½ Jacket Potato	Beef Stew Baton Carrots Boiled Potatoes	Roast Gammon Cauliflower or Cabbage Roast Potatoes	Chicken Korma with Rice	Breaded Fish Fingers Garden Peas Chipped Potatoes
	Or				
	✓ Home Made Cheese & Tomato Pizza Mixed Salad	✓ Sausage Roll Baked Beans	✓ Quorn Fillet Lentil Roast Veg & Roast Potatoes	✓ Lasagne Mixed Salad	✓ Mexican Wraps & Salad Chipped Potatoes
	Mixed Salad, Fresh Bread				
	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings
	Dessert				
Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Oven Baked Sausage in Gravy Garden Peas Mashed Potato	Steak Pie Baton Carrots Boiled Potatoes	Roast Turkey & Gravy Cauliflower & Broccoli Roast Potatoes	Tuna Pasta Mixed Salad	Battered Fish Peas & Sweetcorn Chipped Potatoes
	Or				
	✓ Homemade Quiche ½ Jacket Potato Baked Beans	✓ Korma Curry with Rice	✓ Vegetable & Cheese Bake Veg & Roast Potatoes	✓ Home Made Cheese & Tomato Pizza Coleslaw	✓ Home Made Spicy Bean Burger & Roll Mixed Salad Chipped Potatoes
	Mixed Salad, Fresh Bread				
	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings	Jacket Potato with Baked Beans	Jacket Potato with Various Fillings
	Dessert				
Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	Fresh Sandwiches with Various Fillings	

Also available daily: Fresh fruit or yoghurt, fruit juice, semi skimmed milk or fresh water

✓ Suitable for Vegetarians