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HERE AT THE STRAND!

- **ENTERTAINING AND EDUCATIONAL DINOSAUR SHOWS.**
- MEET THE DINOSAUR PALAEONTOLOGIST. NUTTY PROFESSOR, ANIMATRONIC DINOSAUR EGG AND BABY DINOSAURS!!
- DINOSAUR PUPPET SHOWS.
- DINOSAUR PHOTO OPPORTUNITIES.
- BABY DINOSAUR PUPPET SHOWS AND A DINOSAUR THEMED CRAFT ZONE FOR THE LITTLE ONES TO ENJOY.









Southport Flower Show

17th - 20th August 2023





Entertainment for all the family!

Tickets available at www.southportflowershow.co.uk

Don't Forget - Kids Go FREE!*





www.allabout-family.co.uk



www.allabout-family.co.uk / info@allabout-family.co.uk

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limelight Speech and Drama Academy

'Inspiring confidence, character and creativity'

- Specialist Drama lessons for ages 4-18.
- LAMDA exams available.
- Expert casting advice.
- Post 16 Drama School application and audition mentoring service.
- Performance opportunities at local drama festivals.
- A nurturing and safe environment to explore drama and develop confidence and performance skills.

Classes are held at St Michael's Hall, Blundellsands, Crosby · Enrolling now for September Please contact Helen Williams for further class details and to register your place.





Please contact Helen, principal of Limelight@Liverpool for more information

e. limelightliverpool@outlook.com

t. 07890987587

Southport Flower Show

We at All About Family are getting very excited about the Southport Flower Show. Happening at Victoria Park on 17th – 20th August, it has developed into the largest event in Southport. Opening the show this vear will be Rachel Riley and Pasha Koyaley on Friday 18th August.

They will join Frances Tophill (Gardeners' World and Love Your Garden), Lee Burkhill (The Garden Ninia), Jason Williams (The Cloud Gardener). Keith Brymer Jones (The Great Pottery Throw Down), Daisy Desire (The Drag Queen Gardener), James Wong (Botanist, Broadcaster and Best-Selling Author), Justin Fletcher (CBeebies Children's Entertainer), Phil Vickery (ITV This Morning), Katie Rushworth (Love Your Garden), Lee Connelly (Skinny Jean Gardener), John Torode MBE and Lisa Faulkner (celebrity chefs), Lizzie Acker (Great British Bake Off), Gabriella Margiotta (MasterChef) and Jemma Melvin (Platinum Pudding Competition winner).

Plans for this year's show are well underway and the combination of garden and floral displays, cookery demonstrations, shopping village, arena entertainment, live music and much more makes Southport Flower Show a great day outdoors for the whole family this summer. Also, KIDS GO FREE! We can't wait.



EXHIBITION CENTRE LIVERPODI Tue 15th Aug - Wed 23rd Aug Affordable Family Fun this Summer! Book tickets at www.indoorfunfair.org

Go to www.southportflowershow.co.uk for ticketing information.

Liverpool Indoor Funfair Is BACK!

Running from Tuesday 15th August to Wednesday 23rd August and located at the Exhibition Centre on Liverpool's Albert Docks, Liverpool Indoor Funfair is the ultimate family day out. There is a great mix of rides for all age groups to enjoy, all at one great price! Rider's tickets are £12.99 for a 3-hour session which includes unlimited access to all rides, all under 16's must be accompanied by an adult. And the best part.... It doesn't matter about the weather! Liverpool Indoor Funfair is the perfect treat for all the family!

Get your tickets now at www.indoorfunfair.org

The Atkinson **This Summer**

The Atkinson in Southport offers a fun, creative and varied day out, with lots to do under one roof (and for free too!). Their stunning Egyptology museum shows visitors what life was like in ancient Egypt at the time of the Pharaohs. Choose an outfit from the dressing up box and take a selfie; in Ancient Egypt mirrors were treasured and thought to be magical! Throughout the summer holidays take part in a variety of free activities including artist-led craft workshops, LEGO construction club and story & rhyme time.

Plan your visit online here: theatkinson.co.uk.





EXHIBITION CENTRE LIVERPOOL

Albert Docks, City Centre, L3 4FP

Tue 15th Aug - Wed 23rd Aug







Affordable Family Fun this Summer!

Book tickets at www.indoorfunfair.org

Limelight Drama Academy

Since opening its doors in 2017, Limelight Drama Academy has been helping young people access a wide range of beneficial learning experiences through the subject of dramatic art.

This year, the school has received an unprecedented record of exam successes with the London Academy of Music and Dramatic Art (LAMDA), alongside numerous first places and awards for performances at local drama festivals.

However, the real impact of the work and 'success story' has come from seeing so many young people flourish and succeed in achieving their goals both socially and emotionally. This is the true magic of drama in education!

Drama enables young people to explore and develop skills such as self-confidence, empathy, leadership and negotiation. At Limelight Drama Academy, you will be exposed to high and challenging levels of acting tuition which always puts the individual's needs first.





If you are interested in joining this 'success story', please contact the Principal Helen Williams for details of the September timetable and how to enrol in one of our classes.

Helen graduated from The Royal Central School of Speech and Drama in 2002 and has since spent her teaching career as a drama teacher in both Secondary and Primary Schools around Liverpool. After heading a busy and thriving drama department in a school, she turned her attention to working closely with LAMDA and now strives

to make LAMDA examinations and qualifications accessible to many children in local Primary Schools. Helen holds an ALAM acting diploma from LAMDA and now works promoting their exams in local Primary Schools as well as nurturing the performance skills of the students at her own academy which holds weekly classes in Crosby for 4-18 year-olds.

Summer Fun at The Strand

From Saturday 22nd July and throughout the school Summer holidays there will be lots of fun, creative FREE activities to get involved in at the Strand Shopping Centre. With places to shop and eat, why not make a day of it! On Monday 24th July on Mons Square, there will be Super Mario and Bluey visiting the Craft Zone from 11am and FREE face painting on offer 12 – 3pm and on Monday 7th August the Craft Zone & face painting returning with a visit from Spiderman and Ariel!

On Monday 21st August, on Mons Square, 11am – 3pm will be a great day at the Jurassic Strand event, with state-of-the-art Animatronic Dinosaurs, This will be a fun-filled family event not to be missed, with educational and entertaining dinosaur shows, animatronic dinosaur eggs and baby dinosaurs, dinosaur puppet shows, photo opportunities and a craft zone all completely FREE!!

There will be lots more happening at the Strand too. Kingsley and Co have some great activities planned every Thursday and Saturday from the 22nd July to the 26th August. There will be lots of family fun from teddy bear's picnics, mobile zoo visits to workshops - there's lots of exciting days planned to keep the kids entertained over the summer break. For more info and to keep up to date with the latest events follow Strand Shopping Centre on Facebook.



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HISTORY COMES ALIVE at MARTIN MERE

As part of the 'Drawn to Water' trail at Martin Mere Wetland Centre in West Lancashire, families are invited to step back in time and discover how wetland materials have been used over the years.

From 22 July until 3 September, uncover the secrets of our ancestors as you forage for resources, engage in ancient crafts, and even

partake in weapons training to defend the village at Mere.

Wetlands have long been considered one of nature's most



diverse ecosystems, offering a wealth of resources. Humans utilised rushes, sedges and cattails to create durable mats, baskets and more, creating functional objects out of raw materials. They even made boats out of reed!

Food was also aplenty – from wild rice harvested by Native Americans, to cattail shoots used in Asian cuisine. Some were used as medicine, like the marsh mallow a wetland herb used to treat wounds and soothe inflammations

Get stuck in and learn more with activities such as making medieval lucet cords and mastering the art of willow weaving as part of the year-long 'Drawn to Water' partnership with the UK's most loved illustrator. Quentin Blake.

During your visit, you can expect to see over 70 wetland species from around the globe, like fabulous flamingos, adorable otters, impressive Inca terns, and wonderful white storks to really immerse yourself in the wetland world. With pond dipping, canoe safaris, art and crafts and



more. it's fantastic day out. Search WWT Martin Mere to find out more about what's on offer this summer.

Discover a great read

for your child.

How Are You Feeling Today?

Author: Molly Potter Illustrator: Sarah Jennings **Publisher: Bloomsbury**



This delightful book is packed with fun. imaginative ways to help children understand and cope with 12 common emotions, including happy, angry, excited, bored and embarrassed. This edition of the bestselling picture book has been fully updated with the latest guidance on developing children's emotional intelligence and also includes a Feelings Tracker for children to map out their emotions.

Pokémon: Battle with the Ultra **Beast** by Pokémon

Publisher: Harper Collins



Fans of Pokémon won't want to miss this cool graphic novel with two new stories!

First, Ash is determined to help his friend's mum who has been taken by a mysterious Ultra Beast through an Ultra Wormhole! But when he finally reaches her, only a Z-move can get her back. Is Ash up for the challenge? Then, Ash takes on his first assignment as an Ultra Guardian on an action-packed Ultra mission!

Grandads Are The Greatest

Author: Ben Faulks and Nia Tudor **Publisher: Bloomsbury**



This is a joyous celebration of wonderful grandads and the love they have for their grandchildren. With a bouncy, irresistible rhyming text by Ben Faulks and charming illustrations by the talented Nia Tudor, it's the perfect gift for any grandparent or grandchild!

Every grandad is different . . . but they're ALL special!

Stink

Author: Jenny McLachlan **Publisher: Harper Collins**

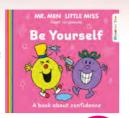


"A brilliant laugh-out-loud tale of magic spells and naughty fairies!" - Joseph Coelho. Waterstones Children's Laureate

The first book written AND illustrated by Jenny McLachlan! Stink is the rudest, naughtiest fairy there's ever been. Instead of being kind, Stink plays pranks. She also eats woodlice and rides on rats. From the moment Stink flies out of the fairy door and attaches herself to his hair, Danny knows that Stink is trouble. She needs his help to do a good deed and win her silver wings - and Danny will do anything to get Stink to go back to fairyland. But can Stink ever be good? A laugh out loud adventure featuring the world's worst fairy, multiple multicoloured foxes and loads of troll poo.

Mr. Men Little Miss Discover You: Be Yourself

Author: Roger Hargreaves **Publisher: Harper Collins**



Mr. Funny is full of confidence, but you don't have to be loud or funny to believe in yourself. You sometimes just need to realise that you're liked and accepted for who you are, whether you're as cheeky as Little Miss Naughty or as guiet as Mr Quiet!

The Mr. Men Little Miss Discover You series includes the perfect characters to help children understand a bit more about their own emotions and how to manage them.

Thomas & Friends: Chasing Rainbows

by Thomas & Friends

Publisher: Harper Collins



Join Thomas & Friends for a fun-filled journey in this All-Engines-Go picture bookl



Thomas and Kana spot a rainbow and decide to find out where it leads, eager to find the prize that's always at a rainbow's end. But, as they chug along, the rainbow keeps moving. What will they discover along the way?

Thomas has been teaching children lessons about life and friendship for over 75 years. He ranks alongside other beloved characters such as Paddington Bear, Winnie-the-Pooh and Peter Rabbit as an essential part of our literary heritage.

The Adventures of Isaac and George

Author: **Desmond Carter Publisher:** The Book Guild Ltd



Isaac is a twelve-vearold human, George is a talking pig, and together they've been on many outlandish adventures, most of which have been given to them by the Queen. This time, she's sent them to kill the deity Thunder. Why? I don't know. They don't know either. They're just trying to have a fun day trip. Sat in his castle, Thunder and his biscuit companion, Mallorie, remain vigilant of their many enemies. The adventure awaits. Will Isaac and George complete their mission and kill Thunder?

The Yarns of Sid Seven-Legs

Author: Alan J Hill Publisher: The Book Guild Ltd



Left with only one sister Jayne, and seven legs after an

encounter with a neighbour, Sid the spider's life is turned on its web when Jayne is whisked into a house after an incident with a crow. Sid embarks on an epic adventure to bring his sister back and whilst in the process meets a host of colourful characters who live in The Edge.

OUT NOW

Can Sid overcome the slave army; King Rod (short for rodent): Baggy the Cat and Mad H to bring his sister home? And, who can he trust?

A madcap fast-paced yarn unspools as Sid Seven-Legs attempts to rescue Jayne. Along the way we find out that there is a lot more to spiders than we could ever have imagined...



Family Fun at The Bluecoat

- Back to School Print Party Mon 28 Aug Screenprint your own pencil case and notebook and personalise them with fabric markers. Tickets: £14 per adult and child. Booking essential
- Experience the Liverpool Biennial with children's guides a cosy reading corner and free family workshops.
- Enjoy a delicious family lunch in our café, serving fresh salads, sandwiches and kids lunch boxes.
- Our free Kids Corner is always stocked with books, crayons and activity sheets. You can also purchase seasonal activity packs from the front desk for £1.50.
- Free family activities There's so much happening at Bluecoat this summer! Check our website for full details.

www.thebluecoat.org.uk/family





Culture Liverpool

What's on for families this Summer at the Bluecoat

Join us this summer at the Bluecoat for a host of family activities for all ages.

Pick up a children's guide to explore the acclaimed Liverpool Biennial exhibition in our galleries, and relax in the special family reading zone. Look out for some free Liverpool Biennial family workshops later this summer too.

Save the date on Monday 28 August for our Back to School Print Party. Your little artists can screenprint their own pencil case and notebook all ready for their return to school. Tickets are just £14 per adult and child, so be quick to reserve your space!



We love to welcome families to the Bluecoat every day, so don't wait for a special event. Drop in for our free children's corner, children's activity packs, and family lunches in our welcoming café and garden all summer long.

Visit www.thebluecoat.org.uk/family for all our family events.

image credit is (c) Sophie Traynor







All parts of Southport, Ainsdale, Birkdale, Formby & Surrounding Areas covered.

Who wants their party to be remembered for all the right reasons?



No one is too old to be bouncing like crazy and have a good laugh. You can't go wrong with a castle from us!

w: www.southportbouncycastles.co.uk e: info@southportbouncycastles.co.uk t: 07766 310 633 | 01704 576062



nugent adoption

01744613041

nugentadoption.org



Nugent **Adoption:** Uniting Hearts and Homes in the Journey of Adoption

In a world where every child deserves a loving home, there's a powerful truth we must confront: not all children have an equal chance of finding their forever families. Over half of children (59%) waiting for permanent homes belong to certain groups where it takes an average of eight months longer to be adopted. This includes children aged five or over, those with additional and/or complex needs. brother and sister groups, and those from Black and mixed heritage backgrounds.

To address the prolonged periods these waiting children endure, 'You Can Adopt', Nugent and other adoption agencies across England unite in a collective campaign. Our Mission? To light on the а remarkable circle of support available to adopters and, in doing so, connect these resilient parents with the children who often wait the longest for their dreams to come true.

Over the years, the adoption process has undergone a remarkable transformation. It has become simpler, quicker, and more supported than ever before. Just ask Jenny*, a proud adopter who chose Nugent Adoption to fulfill her dreams of building family. Sharing heartfelt adoption journey, Jenny* couldn't help but emphasise the incredible

support she received from the Nugent team:

"I adopted my amazing son 7 years ago as a single adopter. It was the best thing I have ever done and consider it to be my biggest achievement in life. It was an intense process completely but worth it

I then met my now husband a few years later. We decided we would like to adopt another child together to provide a sibling for our son, who has understanding of adoption... and is proud to say he is adopted. We also wanted to experience the joy of adding a new little member to our family.







*Name has been changed. Nugent

The experience was very different for me this time; I was adding to our family rather than creating a family. There was other things to consider and I had different feelings. Our Social Worker, Paula, has been amazing and I don't think we would have stuck through the process without her. She guided us through dealing with these different considerations and feelings. We're expecting our little girl to come home soon I'm sure there'll be lots of new challenges but we're excited for our new adventure together. Knowing we have that ongoing support from Nugent is invaluable."

With close to 2,000 children waiting to be adopted in England, the chances are if you can provide a safe, stable, loving home, you can adopt.

If you have any questions and would like to find out more about adoption, you can contact our friendly team on 01744 613 041, email doption@wearenugent.org or visit nugentadoption.org





Visit nugentadoption.org for more information, or get in touch with our team by calling 01744 613 041 or emailing adoption@wearenugent.org







Get that Summer Feeling at Liverpool ONE



Liverpool ONE is truly the place to come together this summer. We love packing our summer full of exciting reasons to visit; we've now been doing it in the city for 15 years. Look forward to a family-friendly programme that brings fantastic events to our city for free, with a variety of themes to suit everyone in the family.

Music will fill the air this summer, and following Eurovision, we can't wait to celebrate in the city again. Do you have a budding pianist in the family, or a grown up with a musical flair? You'll love the chance to show off your skills at our piano busking festival Tickle the Ivories, with pianos out in the streets across Liverpool ONE from 7 July. Also bringing arts and culture to our streets is the **Biennial**, with Liverpool ONE hosting artwork by Rudy Loewe on Thomas Steers Way as part of the city-wide festival.

If you are looking to be entertained for 1 hour or more, history buffs will love the self-quided Heritage Trail, revealing the secrets of more than 300 years of the place that became Liverpool ONE. And if you're in need of a bit of time spent in nature, our Nature Trail is the perfect excuse to get outdoors and tour Chavasse Park learning about the vast array of resident plants and wildlife. Grab a map for both trails from the Tourist Information Centre on Wall Street or download the map on the Liverpool ONE MyONE App.



As well as shops that will light up their eyes like LEGO, Kenji and Smiggle, the best ideas for family meals can be found on the Terrace tuck into the likes of Slim Chicken's, TGI Friday's or Zizzi for a guaranteed winner. Graband-go options adorn the streets of Liverpool ONE too, with Mooboo or Starbucks always a favourite with the kids, and fresh sweet treats provided by Jane's Bakes are a must to take homel





Later in summer we're welcoming our biggest arrival yet, as Gravity Max opens with every activity imaginable from E-carting and bowling to VR games, perfect to get lost in for hours, with entertainment geared towards the whole family. Keep an eye on our social media channels for more news, and be one of the first to book

Soak in the atmosphere on sunny days at ChessFest and Liverpool Sketching Day: watch the pros do what they do best, or have a go yourself! Enjoy a full day of chess activities on Chavasse Park on Sunday 16 July, or turn up with sketchbook in hand and be inspired by Liverpool ONE's architectural surroundings and green spaces on 5 August.



Check out all the Summer plans at Liverpool ONE by visiting www.liverpool-one.com or by downloading the Liverpool ONE MyONE App.

YMCA-AT THE HEART OF THE COMMUNITY



Southport Community Sports @ Southport YMCA is at the heart of the community and has so much to offer, providing activities for everyone to enjoy. They have a jam-packed sports schedule that will keep you entertained all through the year. Roller Skating They have the only roller skating rink in Southport

which is open every day of the holidays for you to enjoy. No need to take your own skates as these are provided and it's open to any age, you'll be sure to have a great time. Kids Holiday Club Keep active these holidays with the holiday club. Sports include roller skating, football, basketball, climbing room, badminton, table tennis, dodgeball plus much more. The club is a place to keep kids active throughout the holidays and a place they can make new friends. Climbing Centre The full room and roof routes are set for top roping. The climbing room is perfect for beginners all the way up to experienced climbers. If you want to really get into it, there are children's lessons, professional instructors and all equipment for hire. It's also available to hire for schools, birthday parties and team building exercises. Birthday Parties Celebrating a birthday or just want the kids to have a nice party this holiday? Why not book a private party. With roller skating, football, basketball or climbing available. You can book for Saturdays or Sundays from 2pm - 4pm, but please book in advance as spaces fill quickly.

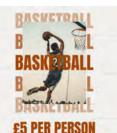


Monday - Friday 9am - 6pm Only £25pp · Ages 8+

Find us at 81 Hoghton Street, Southport, PR9 0PR Contact steve@southportcommunitysports.co.uk Call us on 07802 331224 or 01704 538317 Find us on Facebook -**Southport Community Sports @ Southport**







Friday 8-10pm Sunday 7-9pm



Basketball Coaching for Children

Monday & Thursdays Ages 6 - 9 4-5pm Ages 10 - 13 5-6pm Only £5!



PLEASE BOOK WELL IN ADVANCE Available Saturdays & Sundays 2pm-4pm

The Southport **Climbing Centre**

The only one in Southport!



OPEN EVERY DAY TO COMPETENT CLIMBERS

Lessons available for children & adults

FOOTBALL COACHING FOR CHILDREN

FOOTBAL



Drama Club

FVFRY MONDAY FVFNING 5:15 - 6:15pm

DRAMA FUN AND GAMES

6:15 - 7:15pm

£5 per one session f8 for both



So much more

to offer.... Including



Friday 10-11:30am, 4-5:30pm & 6-7:30pm Saturday 10-11:30am,

12-1:30pm & 4:30-6pm Sunday 10-11:30 & 12-1:30pm







Ballet

Sword

Fencing

Spanish

Lessons

Pilates

Nethall

Yoga

EVERY TUESDAY

Recycling and Waste Open Day

Friday 11th August

Free day out Lot's of fun

See you there!

Don't forget to book your free ticket!

Booking is essential, book today online: www.merseyside-and-halton.veolia.co.uk

OR SCAN THE OR CODE



Join us this summer for an eco-extravaganza, view the sorting facility and see recycling in action from our aerial viewing walkway. It's a great day out for all the family.

@MerseyRDC





Top Tips for a Sustainable Summer!

- Try Plogging this Swedish term combines jog, (jogga in Swedish), with picking up litter, (plocka up in Swedish). It's not only great for your own health but you'll be taking care of the environment too.
- Plan ahead and love your leftovers
- it's bbg and picnic season! Remember to plan ahead to save money and food waste. Made too much, get creative in the kitchen and use up those leftovers!
- Recycling challenge make a recycling game at your next garden party. Use buckets or hoops to challenge your friends with who has the best throw before you put containers in the bin - it will help with the clean up too!

• Rainy day? Don't let it stop play! -Get creative with cardboard packaging before

you recycle it. You could make a car, a rocket or vour verv own den!



Free day out - check out Eventbrite for sustainable activities like the Waste and Recycling Open Day, where you'll see what happens to your recycling.

NEW COURSES FOR ADULTS STARTING SOON



LEARN, RETRAIN, UPSKILL

ADULT & HIGHER EDUCATION ADVICE & ENROLMENT

Come along to find out more and enrol:

4.00pm - 7.00pm

4.00pm - 7.00pm

Centre for Advanced Technical Studies New Market Street, Wigan WN1 1RP

Thursday 17 August Tuesday 5 September



Leigh Adult Learning Centre Walmesley Road, Leigh WN7 1XL

Wednesday 6 September



Start your journey today, browse our adult course guide at wigan-leigh.ac.uk

KEEPING CHILDREN

As the weather gets warmer and the sun shines brighter, children are often playing outside for much longer periods of time - meaning we need to take precautions against various dangers which arrive hand-in-hand with the season.

Use a sun cream with a high-factor SPF on your children, especially if they are fair-skinned. Sunburns look bad and feel even worse! Make sure to apply sun cream 20 minutes before direct exposure to the sun and reapply every two hours. Apply more frequently if your child has been swimming or sweating a lot. It may also be a wise decision to invest in water-proof sun cream, especially if your child will be swimming regularly!

• Choose clothing which will ensure protection from the sun rather than sheer clothing. If you are unable to see your hand through the material of the

clothing, this means that it will be harder for UV rays to penetrate. Wearing a wide-brimmed hat or cap will also protect their faces from the sun.

 If your child does get sunburn, get them out of the sun immediately and apply cool water to the area using a sponge or flannel. Remedies such as Aloe Vera will also help to cool and calm down the affected area, although it is not advisable to use on broken skin.

Eyes need protection from the sun too! Find a pair of suitable sunglasses for your child which offers UV protection (there will be a sticker indicating this on the lens of the sun-glasses).

Make sure to take frequent breaks in the shade or indoors from sun exposure. This is most important from 11am to 3pm when the sun's rays are at their strongest.

• Children are more prone to the dangers of heat-exhaustion and heat-stroke than adults. Heat-exhaustion happens when a child's body is unable to cool itself down. Ensure your child a bottle of water handy and ask them to tell you if they feel nauseas, dizzy or tired.

> If your child gets heatstroke, make sure to take them to a cool, indoor area and remove all excess clothing. Apply a cold cloth or flannel to their forehead, and make sure they drink cool fluids containing salts and sugar such as a sports drink. If their symptoms progress any further, seek medical help.

The sun doesn't have to be a foe when you stay safe and take precautions against the damage in which it can cause! By following a few simple steps, sun-associated danger can be easily avoided.



Making The Leap

The transition from primary school to secondary school is a major step in your child's life. Although many children will feel accustomed to the change within the first couple of weeks, the new school transition can be extremely daunting. Even the most confident of children sometimes can feel overwhelmed when starting secondary school and it's normal for the whole family to feel slightly apprehensive when adjusting to the new routine.

What is so different about secondary school?

- Larger school environment
- No personal desks/storage space
- Subject specific teachers
- Independent travel
- A greater volume and expectation of work and homework
- Need for greater organisation skills and timekeeping

What are the main transitional difficulties that children face?

- Finding their way around a new. larger environment
- Meeting new children
- Meeting new teachers
- Becoming accustomed to a personal timetable
- Moving from class-to-class
- Keeping belongings on their person throughout the day
- Independently organising work and homework
- Less supervision from teaching staff at break and lunchtimes
- Coping with new, more challenging topics & subjects

OUR TOP TIPS

- Recognise that your child will be anxious and allow them to openly communicate their worries, fears and thoughts with you and other close relatives. Try to help them relax and reassure them that they will become accustomed to their new environment. It is important to not dismiss any worries your child may have - it is important that you listen to their worries and think about what you can do to help emotionally support them.

- It is important to establish a bought in advance to avoid vour child's new school. Be honest about child's needs/ requirements inform the and secondary school's SENCO or your child's current primary school if you have any concerns. If you consider your child to be vulnerable, ensure that you have frequent contact with a key member of staff at the secondary school who you can work closely with you to help aid vour child.
- Make sure to attend parent induction evenings - it will help you and your child's new teachers get to know one another.
- Make sure that you are familiar with the school's prospectus and policies (including attendance).
- Help your child take responsibility for their belongings and encourage them to use a locker.
- Help your child practice getting to school. Ensure that they are familiarised with walking/ cycling/bus routes, have alternative plans (if they miss for bus, for example) and reach school within plenty of time. Also, do not forget to apply for a bus pass if needed.
- Ensure that all uniform correct/appropriate (including footwear, hairstyles, jewellery etc.) and contact the secondary school if you have any queries in regards to school uniform codes and cost. It is extremely important that school uniform and supplies are

sincere and open relationship with unwanted stress before the big day.

- Encourage and support your child's independence and free thinking - listen to their opinions and freely engage in conversation with them. Not only will they reinforce and share their thoughts about what they are learning in secondary school, it will also help them to develop social skills and help to encourage a strong sense of self.

Checklist

Clothing & Essentials

- ☐ School uniform; ☐ Notebooks shirts/polo shirts, Pencil case ties, trousers, shorts/skirts. iumpers.
- blazer, fleece ☐ Coat
- ☐ Hat, scarves and gloves
- ☐ Socks
- □ Comfortable shoes
- ☐ PE Kit; t-shirt, shorts, trainers, socks & gym bag ☐ Rucksack/
- large bag ■ Lunchbox
- and bottle
- ☐ Wash-proof fabric markers

School Supplies

- ☐ Plain paper
- ☐ Pens
- ☐ Pencil set Colouring pencils
- ☐ Colouring pens
- Ruler
- Rubber
- Pencil Sharpener
- ☐ Handwriting Pen ■ Scientific
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- ☐ Dictionary
- ☐ Thesaurus







📘 T igher education can often be a daunting prospect, especially I for a mature student. What if you haven't got the right qualifications, the time to study, or know how to effectively write

But pursuing a degree doesn't haven't to be a full-time job in itself. In fact, you can get yourself prepared for a humanities degree in just one vear with Go Higher.

Students join us on campus at the University of Liverpool every Wednesday, experiencing everything that it means to be part of a prestigious academic organisation. We teach study skills to help you become a strong, independent learner - teaching English, History, Law, Sociology, Philosophy and Maths.

At the end of our course, you will be qualified to pursue a wide range of degrees in the humanities and social sciences field including Architecture, English, Music, Psychology and much more.

One parent joined us in 2020 after the start of the pandemic. From being unsure and anxious about their return to study, Go Higher taught them everything they needed to pursue a degree in Business Economics at the University of Liverpool.

They subsequently told us: "There was work and kids and all sorts of excuses to delay my return to studies. Being a mature student was also a cause of great anxiety. Go Higher has equipped me with skills that apply to all aspects of my life, both personal and professional.

"If you are interested in furthering your education, don't overthink it, you got this far, you can do it and you will do it brilliantly with the best support from the Go Higher team. When you look back, it will all be worth it."

Get in touch with us today on **0808 100 6060** or **0151 794 1433** to begin your own journey towards higher education.









NO QUALIFICATIONS?

CHANGING CAREER?

Access university with **Go Higher**

- Prepare for a degree in humanities, arts, or social sciences
- One-year, part-time course that fits around other commitments
- Designed for mature students and return to learners
- Just one day a week (Wednesday) with home study
- Fee: (Sept 2023 entry)£1,100/Concession fee £100 (dependent on status)
- Enjoy all the benefits of being a University of Liverpool student

The Go Higher Diploma is an accessible and affordable gateway to higher education. You too could join the hundreds of people, of all ages and backgrounds, who have used Go Higher as a stepping stone to a brighter future.

Apply by the end of July for entry September 2023.



THE ORIGINAL

July - September 2023

Canoe Safari Till September (11am - 4pm, daily) MARTIN MERE

This self-guided canoe safari offers you a unique way to explore a part of our wetland centre that isn't accessible on foot. The habitat around the canoe safari is teeming with life, so keep your eyes open and see what you can spot as your paddle your way around the twists and turns of the waterways. Dragonflies, kingfishers, water voles what treasures will you discover?

www.wwt.org.uk/wetlandcentres/martin-mere **Drawn to Water: Quentin Blake at WWT THU 18 MAY - SUN 10 SEPTEMBER MARTIN MERE**

Collect an illustrated guide full of Quentin Blake's drawings and journey around our wonderful wetland world this summer. New seasonal trails will be launched later in the year, each with a different illustrated guide to collect and keep

Plus there are lots of Quentin Blake goodies up for grabs including the chance to win a one-off, special edition Quentin Blake print.

www.wwt.org.uk/wetlandcentres/martin-mere

A Midsummer Night's Dream 2 July - 27 August **Grosvenor Park Open Air Theatre**

Deep in the forest, four teenagers on a voyage of discovery happen upon a spellbinding world of colour and enchantment

Join them and be carried away to the circus where feuding monarchs, magical fairies, chief mischief-maker Puck and a company of unlikely players combine in one fast, fabulous and fantastical tale.

Shakespeare's most magical, gleeful comedy invites audiences of all ages to follow their heart and embrace their imagination this summer. A giddy riot : for all the family.

For everyone aged 5 and over www.storvhouse.com/theatre-forkids

The Wind in the Willows 8 July - 20 August **Grosvenor Park Open Air Theatre**

Join us outdoors this summer for a new and enchanting walkabout theatre production of The Wind in the Willows for little ones aged 5 and

Grosvenor Park in the heart of Chester will be the beautiful setting for this magical woodland adventure.

As you and your little ones move through the hidden corners of the park, you'll be greeted by all of the beloved and iconic characters from Kenneth Grahame's classic children's story. Join Ratty, Mole, Badger and of course boisterous Mr. Toad in this fun and charming storytelling trail.

www.storyhouse.com/theatre-for-

SEFTON YOUNG ARTIST OF THE YEAR

Fover Exhibition: 15 July - 2 September 2023 The Atkinson

The Atkinson, in partnership with The Arts Society Southport, invited Young Artists in school years 7-13 (High School, College, or equivalent) who live or go to school in the Sefton Borough to submit one piece of artwork to our competition.

All competition entries are exhibited online. The winners will be announced on 8 June and are invited to display their work in The Atkinson Foyer from 15 July 2023. Prizes donated by The Arts Society Southport will be awarded at a Prizegiving Event at The Atkinson on 15 July.

www.theatkinson.co.uk

Bat and Barn Owl Nights FRI 14 JULY - SAT 12 AUGUST Fri 14 July 8:30pm - 11pm Sat 15 July 8:30pm - 11pm Fri 28 July 8pm - 10:30pm

Sat 29 July Fri 11 August Sat 12 August

Martin Mere

8pm - 10:30pm 7:30pm - 10pm 7:30pm - 10pm

Join us for a unique chance to visit our reserve with a warden at dusk. First, you'll check a moth trap to see wonderful species of moths that have been caught such as the ruby tiger and elephant hawk-moth before setting off for the night. Our Reserve Warden will talk to you about tracking, recording and identifying bats, and you'll get to use a bat detector to hear the sounds of different bat species.

www.wwt.org.uk/wetlandcentres/martin-mere

Construction Club Last Saturday of the month

The Atkinson

Young inventors, creators and builders are invited to drop in and play with our massive supply of LEGO.

Founded in Denmark in 1932, the name LEGO was created by taking the first two letters of the Danish words 'leg godt', meaning play well.

The iconic building blocks are part of so many people's childhoods all over the world. In 1998, LEGO was one of the original toys to be inducted into the National Toy Hall of Fame.

Please note last entry is at 12pm. Ages 5+. Children under 12 must be accompanied by an adult.

www.theatkinson.co.uk

Blippi: The Wonderful World Tour 24 July - 25 July **Storyhouse Theatre**

Blippi is coming to Storyhouse for the ultimate curiosity adventure in Blippi: The Wonderful World Tour! So, come on! Dance, sing, and learn with Blippi and special quest Meekahas they discover what makes different cities unique and special.

there be monster trucks, excavators, and garbage trucks galore? You bet!

So get ready to shake those wiggles





July - September 2023 cont.

out and OJ Twist your way through: this brand-new musical party!

www.storyhouse.com/theatre-for-

Make It! Craft Workshop **FREE**

Sessions: Thursdays - 27 July, 3 Aug, 10 Aug, 17 Aug, 24 Aug, 31 Aug The Atkinson

Be inspired by our museum, gallery and theatre programme in an arts and crafts workshop suitable for all the family. There's something for all ages, with all materials supplied and all for

Drop-in any time between 11am -3pm and get creative.

Children under 12 must be supervised by an adult.

First come first served. You may be expected to wait until a space at a craft table becomes available.

www.theatkinson.co.uk

Family Day 2023 **Chester Racecourse** 6 August 2023 at 11:30 am

Each year the Open Course is transformed into a wonderland for children and families. Activities which are completely free to everyone who has a ticket, promise an entire day full of non-stop fun and entertainment. In the past we've had huge inflatable castles and slides, ginormous sand pits and even a retro roller rink!

This year's activities are still to be confirmed but keep an eye on this page and our social media channels for updates. In the meantime, book you and your family in for this unmissable event now to ensure you get the lowest possible price.

www.chester-races.com

Sarah & Duck's Big Top Birthday 11 August 1:30pm and 4:00pm The Atkinson

Join Sarah and her best friend Duck as :

help Scarf Lady celebrate her birthday. With entertainment lined up from a whole host of your favourite friends. including The Ribbon Sisters. The Shallots. Flamingo & John and Umbrella, the party is ready to go!

Bursting with all the charm from the BAFTA award-winning CBeebies show, Sarah and Duck's enchanting world is brought to life by the team behind The Very Hungry Caterpillar Show and Twirlywoos Live.

www.theatkinson.co.uk

Liverpool Indoor Funfair 15 August - 23 August Quieter sessions will be held on Saturday 19th at 10am **Liverpool Exhibition Centre**

Get ready for a fun family day out at Liverpool Indoor Funfair.

With jaw-dropping rides and amazing attractions for all ages. Liverpool Indoor Funfair offers all the fun of the fair in an indoor, climate-controlled and family-friendly environment.

There is also a cafe and baby changing facilities for families on-site.

Riding Wristband £12.99 Babies in Arms - FREE Spectator (This does not allow any rides) - £5

All under 16-year-old's must be accompanied by an adult.

Tickets will NOT be available on the door. Tickets only available online.

www.indoorfunfair.org/tickets/liverp

Hey Duggee: The Live Theatre Show 17 Aug - 20 Aug **Storyhouse Theatre**

SQUIRRELS GET READY! Everyone's big lovable dog DUGGEEis coming to Storyhouse this summer holiday! It's going to be HUGE and will feature Duggee and the Squirrels plus many more of your favourite characters!

Betty wants to make costumes, Happy they plan the ultimate circus soiree to wants to sing, Tag wants to make music, Norrie wants to dance, Roly wants ielly and they all want you to join them at the Clubhouse.

There is so much to do, but luckily Duggee has his theatre badge. Will you get yours too? A-Woof!

www.storyhouse.com/theatre-for-



Southport Flower Show 17 August – 20 August Victoria Park

Southport Flower Show, sponsored by Harrison Holidays, is a great day out for the whole family. With its combination of garden and floral displays, cookery demonstrations, celebrity guests, shopping village, arena entertainment and live music there is something for everyone. Kids go free to Southport Flower Show and younger visitors will be entertained by children's TV star Justin Fletcher, who is returning with his acclaimed stage show on Sunday 20th August. Make Southport Flower Show a highlight of vour summer.

www.southportflowershow.co.uk

MILKSHAKE LIVE 2023 27 AUG 2023 - 27 AUG 2023 St Helens Theatre Royal

Milkshake! Monkey is back and can't wait to put on a spectacular NEW Show for you all, joined by some of his favourite Milkshake! friends plus two Milkshake Presenters creating the most dazzling show you have ever

Join Paddington, Daisy & Ollie, Milo, Noddy, Pip and Posy, Blue's Clues & You! and of course Milkshake! Monkey for an unforgettable family time at Milkshake Monkey's Musical!

www.sthelenstheatreroyal.com





From T Levels and Vocational, BTEC courses to Apprenticeships, we have lots of courses to choose from, all designed to help your son and/or daughter to achieve their career aspirations.

Enrolment is the final step to them securing their place at Knowsley Community College, ready for September.

Whether they have applied to us or not, all they need to do is scan the QR code below and follow the steps to enrol!

Enrolling from the Thursday 24th August 2023

Scan the QR code or visit www.knowsleycollege.ac.uk/enrol-2023





What's on at Liverpool ONE this Summer



The Heritage Trail at **Liverpool ONE**

The Heritage Trail invites visitors on a journey to explore more than 300 years of Liverpool's history. Discovering the events, places and people that shaped the maritime powerhouse that is Liverpool.

Both free and fully-accessible, the self-quided audio tour takes between 60-90 minutes to complete. To follow The Heritage Trail, download the Liverpool ONE MyONE app or alternatively collect the printed map from the Information Centre on Wall Street.

For more information visit: www.liverpool-one.com/theheritage-trail

Liverpool Sketching Day

5 August

When you visit Liverpool ONE on 5 August, make sure you come with sketchina equipment! Dozens of members of Liver Sketching Club will be taking inspiration from our architecture, people and city centre spaces across various locations, and they're inviting you to join in.



Tickle the Ivories Until 10 September

The much-loved Tickle the Ivories piano festival is back for its twelfth vear at Liverpool ONE! Enjoy a backdrop of piano music as you shop, with one of six pianos situated across Liverpool ONE featuring popular returning pianists. Free play pianos are also available if you want to have a go yourself! For more information visit: www.liverpoolone.com/



For those looking to dust off their forehand skills, Liverpool ONE's PING! Tennis tables are a fun openair opportunity to get competitive!

The tables, which are free to use, are the perfect excuse to get the whole family out for some fresh air and battle it out - so grab your most compatible pal or family member and take on the challenge!

For more information on PING! visit: www.liverpool-one.com/ping



Nature Trail at Liverpool ONE

For all the mini explorers amongst us, Liverpool ONE's Nature Trail is the perfect excuse to get outdoors and tour Chavasse Park learning about the vast array of resident plants and wildlife

The free trail is self-guided by a map available online or at the Tourist Information Centre on Wall Street and it takes around 60 minutes to complete.

For more information visit: www.liverpoolone.com/nature-trail

ChessFest

16 July

Chess players will come together on Chavasse Park at Liverpool ONE for ChessFest 2023. 50 boards with featuring capacity for 100 players. A match between Liverpool and London players will take place live on the big screen, a simul displays from chess grand masters and much more. All activities are free and suitable for children and adults. just drop in!





ENJOY A GREAT DAY OUT AT

FAMILY DAY

AT CHESTER RACECOURSE SUNDAY 6TH AUGUST



BOOK YOUR TICKETS ONLINE NOW AT CHESTER-RACES.COM



WIN A PAIR OF TICKETS to this year's

Southport Flower Show, 17th - 20th August. (3 Winners) Under 16's go free.

Southport Flower Show, sponsored by Harrison Holidays, is a great day out for the whole family. With its combination of garden and floral displays, cookery demonstrations, celebrity guests, shopping village, arena entertainment and live music there is something for everyone. Kids go free to Southport Flower Show and vounger visitors will be entertained by children's TV star Justin Fletcher, who is returning with his acclaimed stage show on Sunday 20th August. Make Southport Flower Show a highlight of your summer. www.southportflowershow.co.uk.

To be in with a chance of winning, answer the following question:

What day will Justin Fletcher be at Southport Flower Show?

Please send your answer, name and address to: Info@allabout-family.co.uk with Southport Flower Show as the subject

Or post your answer, name and address to: All About Family, 61 Leamington Road, Southport, PR8 3JZ

WIN A £30 CAFÉ VOUCHER and a CHILDREN'S ACTIVITY BAG at The Bluecoat

Win a £30 voucher for use in the cafe (which serves a range of paninis, soups, salads, kid's lunchboxes and Cheshire Farm ice cream and up to 4 of our children's activity bags free of charge,

There is a permanent children's corner in the cafe area filled with books, busy boards, colouring sheets and building blocks. There are free art trails available which families can complete in the safe and enclosed garden.

The Liverpool Biennial is currently in the galleries, and features an interactive relaxation space filled with beanbags and books where families can take time out.

To be in with a chance of winning, answer the following question Which city is The Bluecoat in?

Please send your answer, name and address to: Info@allabout-family.co.uk with Bluecoat as the subject

Or post your answer, name and address to: All About Family, 61 Leamington Road, Southport, PR8 3JZ



Anya and Aria dream of having their own café





Children are incredible, with their own individual talents, interests, traits, needs and circumstances.

From single children to sibling groups, they are waiting for safe, loving, stable forever families to help them grow and flourish.

If adoption is a route you've been thinking about then get in touch with our friendly team today it's easier than you think!



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mugentadoption.org

St Catherine's Centre Hub, Blackbrook Road, St Helens, WA11 9RJ









Sarah & Duck's Big Top Birthday



THE ATKINSON

Friday 11 August 1.30_{PM} & 4_{PM} 01704 533 333 | theatkinson.co.uk











