

Sefton | Winter 2023 FREE

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PANTO AT THE ATKINSON!




BROOKSIDE'S
DEAN SULLIVAN
AS FLESHCREEP


JACK AND THE BEANSTALK

All Souls Dramatic Club Presents

Written & Directed by Cliff Gillies

Rapunzel

 AllSoulsDramaticClub

 southportpanto

The Modern Family Pantomime

Thursday	11th January	7:30pm
Friday	12th January	7:30pm
Saturday	13th January	2:00pm
Saturday	13th January	7:30pm
Sunday	14th January	2:00pm
Thursday	18th January	7:30pm
Friday	19th January	7:30pm
Saturday	20th January	2:00pm
Saturday	20th January	7:30pm
Sunday	21st January	11:30am
Sunday	21st January	4:30pm

"All Souls' pantos are always a feast for the eyes and ears and do not disappoint".

Adults £15
Children £12.50

Special Offer
For both Thursdays all
tickets are £12.50

noda
So inspired by our local theatre

Tickets
01704 533333

THE
ATKINSON

Enchanting Atkinson
Audiences For Over
10 Years!

southportpanto.com

www.allabout-family.co.uk / info@allabout-family.co.uk

Publisher - Andy Forster

Editorial

Ofsted, Lois Wignall, Kerry Mawdesley, NSPCC, Merseyside Fire & Rescue Service

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Follow the Pied Piper to the Southport Little Theatre!

This year the Southport Dramatic Club's traditional pantomime will be *The Pied Piper*!

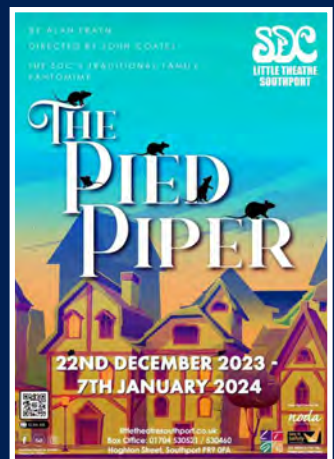
In this classic tale, we meet the plucky Pippin who arrives in the whimsical town of Hamelin just as it is facing a rat infestation! The townspeople promise to reward this piper if he can rid them of the rodents.

Evil sorceress Sour-Kraut and her sidekick, the repulsive Rat-Worst have other ideas, leading the plague and thwarting bungling rat catchers, Blatter and Splatter. Of course, as a foil to such follies we have the faithful Fairy Strudel.

There is light relief in the shape of Helga Von Trump, the town's sausage maker and her sons Wilhelm (Silly Willy) and Hans. Hans loves Heidi, who runs the Bierkeller for her father, the Burgomeister so he can focus on collecting rents and taxes.

Pippin is true to his word, but when it comes to paying the piper, the Burgomeister is not and things take an unexpected turn. Can our hero save the day?

The Pied Piper runs from Friday 22nd December 2023 to Sunday 7th January 2024. On Saturday 6th January 2024 both performances will have BSL interpretation. Buy your tickets via www.littletheatresouthport.co.uk



So much happening at The Atkinson

The Atkinson in Southport offers a fun, creative and varied day out, with lots to do under one roof (and for free too!).



Be inspired in the art galleries and discover an impressive variety of artworks. Families can get creative too, there are always activities in the 'Art Box' including artist led craft sessions for children.

The Atkinson is home to Southport Library who house an extensive Children section. Pick up a book and read together in a ship specially made for the library.

In the Theatre, families can enjoy seasonal pantomimes, magic shows, music and dance, as well as adaptations from best-selling authors. Every seat has a great view of the stage and booster seats are available for littluns.

Oh, and did we mention there is an award-winning café and a fabulous gift shop?... Families are at the heart of The Atkinson, see the full offer for all ages online: www.theatkinson.co.uk

Ice Skating Southport is back in Victoria Park

Get your skates on and join in for a frosty adventure like no other. The enchanting 'REAL' ice skating rink opens 1st - 31st December.

Step into the heated Bavarian themed bar and savour the authentic flavours of Germany! Enjoy delicious German food and a wide selection of beers that will transport your taste buds to the heart of Bavaria as well as all your traditional faves including mulled wine and loaded hot chocolates.

Weekends are where the party's at! There's an incredible lineup of bands, DJs, and singers to keep the good times rolling. Dance, sing, and celebrate next to the ice!

Whether you're a seasoned skater or a beginner, there's something for everyone to enjoy.

For more info or to book www.IceSkatingSouthport.com



Aladdin Flies in to St Helens

Hop on a magic carpet this Christmas and fly to St Helens Theatre Royal for a genie-ous adventure!

There's nothing Wishee Washee about Regal Entertainments' spectacular panto Aladdin which comes to the Theatre Royal stage this festive season!

Join our hero Aladdin as he battles the evil Abanazer and his dastardly plan to rule the world with the help of one very special lamp. Can Aladdin save the day and win the heart of the fair Princess Jasmine?

With larger-than-life washerwoman mum Widow Twankey, hapless Wishee Washee, the Genie of the Lamp, Slave of the Ring and a beautiful princess, this is a show full of magic and adventure! Get your tickets from www.sthelenstheatreoyal.com





**EVEN
MORE FUN
THIS
CHRISTMAS!**

Wayfarers Arcade in Southport is looking forward to a very special and lively festive season.

The grotto is changing and little visitors this year wanting to meet Santa will be in for a fun time when they are welcomed by professional actors as festive characters.

No need to book, just turn up between 11am and 4pm on 2/3, 9/10, 16/17, 21/22/23/24 Dec (11am-2pm Christmas eve). Santa visit and quality gift £10 per child.

And for even more fun, visit on Sundays in December when there will be free pantomime shows in our festive Panto Store for kids to join in and enjoy.

The Victorian arcade is spectacular at Christmas with a selection of interesting independent shops for those special gifts and two cafes for relaxation.

Put a visit to Wayfarers Arcade at the top of your Christmas list.



FREE PANTOMIME SHOWS

Sundays 3, 10, & 17 December!

Lord Street, Southport PR8 1NT
(opposite the Town Hall)

wayfarersarcade.co.uk   



WAYFARERS
SHOPPING ARCADE

Let your hair down this Christmas



All Souls Dramatic Club are thrilled to be presenting their next spectacular modern pantomime of 'Rapunzel'. The cast is comprised of local talent including singers, dancers and a technical team who are all eagerly awaiting their next production that is guaranteed to entertain children and adults alike.

It is a story about dreams and possibilities. It promises captivating characters, stunning staging and entertaining fun for all. An enthralling tale that encourages us to believe in imagination. A story telling us that possibilities are endless.

Tickets are NOW ON SALE. Rapunzel will be performed between 11th and 21st January 2024 with some matinee performances available. Book online at theatkinson.co.uk, call on 01704 533333 or in person at the Box Office.

Wayfarers FUN CHRISTMAS GROTTO

Wayfarers Arcade grotto is changing and little visitors this year will be in for a special, fun time when they are welcomed by professional actors as festive characters. No need to book, just turn up. 2/3/9/10/16/17/21/22/23/24 December 11am – 4pm. Xmas Eve finishes at 2pm. Santa and quality gift £10 per child.

And for even more fun there are free pantomime shows on Sunday 3,10,17 December for kids to join in and enjoy. Interesting shops and two cafes for exhausted adults.

Put a grotto visit to Wayfarers Arcade, Lord Street, Southport at the top of your child's Christmas list.



Snowman this Christmas

Make it a Christmas to remember with a special performance at Liverpool and Chester Cathedrals featuring two of the UK's best-loved films - The Snowman and Wallace & Gromit: The Wrong Trousers with live orchestra.

Alongside The Snowman film, a whistle-stop guide to the orchestra and a visit from the Snowman himself, join everyone's favourite duo in Aardman's multi award-winning film, The Wrong Trousers. After the performance, meet the musicians, see their instruments and admire their amazing costumes.

Book soon, as tickets sell out quickly!
www.carrotproductions.com



Bavarian Christmas

Ice Skating

Southport

VICTORIA PARK



**OPENING FROM
1st DECEMBER - 31st DECEMBER**

OPENING TIMES VARY THROUGHOUT THE MONTH

**OPENING WEEKEND
DISCOUNT AVAILABLE**

www.ICESKATINGSOUTHPORT.com



Discover a great read for your child...

Kid Christmas

Author: David Litchfield
Publisher: Quarto
Publishing PLC



OUT NOW

Nicky Claus works with his three uncles in the Claus Brothers Toy Emporium. Uncle Hanz makes the toys, Uncle Louis checks them and Uncle Levi adds the... what's the scientific term for it? Ah, yes. The magic! For each toy made at the Emporium has a special sparkle that means it will find the child it is perfect for.

One day, Nicky notices a young girl with her face pressed up to the glass. When she disappears, he follows her and finds her living on the streets with lots of other children, none of whom can afford a toy. Nicky vows that for one night only, every child will have the toy of their dreams and—with the help of his uncles and some flying reindeer—the legend of Father Christmas is born.

The Toys' Christmas

Author: Claire Clement
Illustrator: Geneviève Godbout
Publisher: Quarto
Publishing PLC



OUT NOW

It is Christmas Eve and Noah's toy elephant, Fanfan, has gone missing! Little does he know that Fanfan has crept out of the house to join other soft toys on their annual Christmas journey: to see Santa Claus!

Just in case letters don't reach Santa, toys all around the world make this trip so they can tell Santa what their child wants most of all. (After all, who knows a child better than their best-loved toy?)

Will Fanfan return in time for Christmas morning? And will Noah get the present that he so longs for?

Perfect to curl up with at bedtime, this sweet and magical tale is illustrated with warm and magical artwork by the incredibly talented Genevieve Godbout, the artist behind Apple Cake.

Rhinos Don't Cry

Author: Mark Grist
Illustrator: Chris Jevons
Publisher: Bloomsbury
Publishing PLC



OUT NOW

Milo just loves being a rhino – but there's one small problem... rhinos don't cry. At least that's what Spike-O Mcree, his movie-star hero, always says. But when Milo meets Spike-O face to face, he finds out that not only is crying OK, it's also very brave! This energetic and engaging rhyming story is the first in a series of books highlighting the importance of children expressing their feelings.

Mark Grist is a multi-award-winning poet and international battle rapper with over 40 million views for his poetry and rap videos online.

Finn's Little Fibs

Author: Tom Percival
Publisher: Bloomsbury
Publishing PLC



OUT NOW

Finn has always loved going to stay with his grandma... until one day, he tells a little fib that gets out of control! This is a book about telling the truth, from the bestselling author of the Big Bright Feelings series. A warm and affectionate book that will help children understand the importance of honesty and telling the truth - without ever preaching or judging.

When Finn accidentally breaks his grandma's precious clock, he tells a teeny tiny little lie - and blames it on his sister instead! Soon, Finn's little fib is OUT OF CONTROL, and it's getting in the way of everything! Can he find a way to tell the truth?

This reassuring and humorous book is the perfect springboard for talking to children about the importance of honesty.

Tom Percival's Big Bright Feelings series is the ideal starting point for discussions about mental and emotional health, positive self-image, building self-confidence and managing feelings. Every child's bookshelf should contain his books.

Fun and Dames - Pantomime Season - is back!

Pantomimes are famous for captivating audiences of all ages. Whether young or old, there is something for everyone to enjoy when revelling in the extravagance of the yuletide festive favourite.

There's something really special about attending a pantomime with loved ones and attending one as a family can really get the festive excitement flowing. It's a Christmas experience for individuals wanting to immerse themselves in mayhem and mischief. "I think everyone loves a pantomime. They're just magical! They bring everyone's favourite fairytale characters to life on stage", states Chantelle Nolan from St. Helens Theatre Royal. "They're loud and colourful with larger than life characters, great songs, lots of jokes and plenty of audience participation."

Panto is a tradition that seems to be maintaining (and gaining) popularity year-upon-year and there is a whole host of choice to satisfy your panto cravings!

Take a look at our top pantomime choices this season...



Aladdin
@ St. Helens Theatre Royal
2 DEC 2023 – 14 JAN 2024
www.sthelenstheatreroyal.com



Jack and the Beanstalk
@ The Atkinson, Southport
7 DEC – 31 DEC 2023
www.theatkinson.co.uk



Rapunzel
@ The Atkinson, Southport
11 JAN – 21 JAN 2024
www.southportpanto.com



Cinderella
@ The Albert Halls, Bolton
1 DEC – 31 DEC 2023
www.alberthalls-bolton.co.uk



The Pied Piper
@ Southport Little Theatre
22 DEC 2023 – 7 JAN 2024
www.littletheatresouthport.co.uk

What's on for families this **Winter** at the **Bluecoat**

Escape the cold this winter with a fun packed programme of family activities at the Bluecoat.

Celebrate the festive season with Makers + Shakers: A Creative Family Disco. Create Christmas decorations before enjoying a festive disco led by artists from dance company Movema.

Beat the January blues with our exciting printing workshop Collagraph Creatures where your little artists can print their own weird and wonderful animal inspired by our current exhibition.

There's another chance to get creative with Movema in our Lunar New Year Makers + Shakersevent too.

We've also got plenty of free activities. See how many characters you can find in our garden in our Party Animals trail. Our Children's Corner also has a host of free books and drawing activities to keep little hands busy while you enjoy a hot coffee or lunch in our café.

Visit www.thebluecoat.org.uk/family for all our family events and to pre-book.



Winter Family Fun at the Bluecoat

- **Makers + Shakers: A Creative Family Disco**
Sun 10 Dec, 10.30am & 1.30pm
Create Christmas decorations, and enjoy a festive dance session led by artists from Movema.
Tickets: £30 for a family bundle, other prices available.
- **Family Workshop: Collagraph Creatures**
Sun 21 Jan, 10:30am & 2pm
Budding artists will have the opportunity to make their very own weird and wonderful creature artworks using a fun printing technique called Collagraphy.
Tickets: £14 for one adult and one child
- **Makers + Shakers: Lunar New Year**
Sun 18 Feb, 10.30am & 1.30pm
Create Lunar New Year decorations with the Bluecoat, and take part in dance sessions led by artists from Movema.
Tickets: £30 for a family bundle, other prices available.

Don't wait for a special event to visit! Our Children's Corner has free books, drawing materials and toys available all year round.

thebluecoat.org.uk/family



Arts Council
ENGLAND



Liverpool
City Council

Culture
Liverpool

Photos by Brian Roberts

Anya and Aria dream of having their own café




Families

Children are incredible, with their own individual talents, interests, traits, needs and circumstances.

From single children to sibling groups, they are waiting for safe, loving, stable forever families to help them grow and flourish.

If adoption is a route you've been thinking about then get in touch with our friendly team today - it's easier than you think!



01744 613 041



adoption@wearenugent.org



nugentadoption.org



St Catherine's Centre Hub,
Blackbrook Road,
St Helens, WA11 9RJ



nugent
adoption

Charity Shop

Donation Drop Point



Set Up a Donation Drop Point and Help Alleviate Poverty in Your Community

As we continue our work to combat all forms of poverty and strengthen our communities, we're reaching out to our incredible supporters and friends to join us in a crucial effort. Together, we can create lasting impact in three key areas that matter most.

Charity Shop: Our Nugent Allerton Road Charity Shop, currently open on Wednesdays and Saturdays, serves as a platform for giving back to the community. By donating to our Allerton Road charity shop, you're directly helping those who are facing financial challenges. Find out more about setting up a donation drop point for our Charity Shop by visiting: wearenugent.org/fundraising/donation-drop-points/charity-shop-donation-drop-point

Hygiene Hub: Our Hygiene Hub is located within our weekly Pantry, which is open every Tuesday in St Anne's Church on Overbury Street, Liverpool. It's a place where individuals can receive the support they need and pick up items to help them when they are struggling. By setting up a donation point for our Hygiene Hub, you'll be to provide access to essential

hygiene products for all. Find out more about setting up a donation drop point for our Hygiene Hub by visiting: wearenugent.org/fundraising/donation-drop-points/hygiene-hub-donation-drop-point



Food Pantry: The Pantry is open every Tuesday afternoon at St Anne's Church for a weekly shop to support those who may need a helping hand. The shoppers have access to a full shop, including fresh fruit, vegetables, and cupboard favourites with a weekly cost of £3.50. The value of the shop often totals £15-20 or more, making it a cost-effective way to meet grocery needs. By setting up a donation point for our pantry, you directly contribute to the fight against food poverty in your community.

Find out more about setting up a donation drop point for our Food Pantry by visiting:

wearenugent.org/fundraising/donation-drop-points/pantry-donation-drop-point

HELP NUGENT TO ALLEVIATE POVERTY AND MAKE A DIFFERENCE TODAY.

Your contribution matters, and setting up a donation drop point is an impactful way to create change. Our dedicated volunteers will arrange a collection so it is convenient and enables everyone to feel like they are making a difference.



Hygiene Hub
Donation Drop Point

For more information or to set up a donation drop point,

please contact us at
fundraising@wearenugent.org
or call **0151 261 2000**

You can also find out more by visiting our website:
wearenugent.org/fundraising/donation-drop-points



In the spirit of celebrating and remembering those dear to our hearts, we invite families, friends, and colleagues to unite in a cherished tradition – Light up a Life. Each year, this heartfelt initiative brings together hundreds of individuals who dedicate a radiant light on our Trees of Light, standing tall at The Metropolitan Cathedral of Christ the King in Liverpool and St Teresa's Church in Up Holland. This initiative supports the work of Nugent and the services we provide. Without this support, we would not be able to continue to provide the essential work across the Archdiocese of Liverpool.

Everyone is welcome to come along and join us for this year's Light Up a Life remembrance services. You can make a donation on the day to add a dedication to our tree of light.

Services are taking place at:

St Teresa's Church, Up Holland

Sunday 10th December, 3pm

Led by Fr Philip, followed by refreshments in the Parish Club.

Liverpool Metropolitan Cathedral

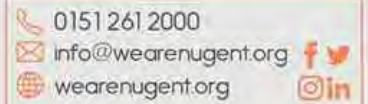
Friday 15th December, 12.30pm

Led by Bishop Tom Williams followed by refreshments.

For more information please contact Nugent's Fundraising team at fundraising@wearenugent.org or call **0151 261 2000**. You can also find out more by visiting: wearenugent.org/fundraising/light-up-a-life.



Caring, educating, protecting and inspiring those in need, for over 140 years.



Corporate Trustee: Nugent Care 2019 Ltd (Company No: 13217571) Registered Charity: 3157072. Nugent Care Registered Charity: 1157072-1



Christmas at Liverpool ONE

It's Christmas, so it has to be Liverpool ONE with exciting shopping, great dining and entertainment for the whole family!



From the moment we launch Christmas on 17 November, Liverpool ONE will be twinkling as our gorgeous Christmas decorations are back. Expect trees, reindeers, choirs, apres-ski style and plenty of festive cheer.

**Join us for great shopping,
dining and Santa!**

Admire the glowing Christmas lights while you shop at some of our high street favourites like **Space NK**, **Stradivarius** and **Charlotte Tilbury**. Dine at some of the best brands in the North West. Our lights are the perfect backdrop for making memories as we build up to the big day!

Watch out for the return of our **Advent Calendar Giveaway**, where you could win an amazing prize every day from 1-12 December, worth at least £250!

Santa's back, too – see the man himself at **John Lewis & Partners**. Can you crack the code and unlock the door to meet him? Work your way through the interactive grotto instore, and when you meet Santa, have your photo taken and get a very special gift.

That's alongside magical trips to **Waterstones**, **Kenji**, **LEGO**, **The Entertainer** and so much more. Get writing that Christmas list! And best of all, we're extending shopping hours in December so you can make the most of your time at Liverpool ONE.



The Perfect Family Fun during the Festive Season

There's a new addition to the entertainment lineup at Liverpool ONE, as **Gravity MAX** celebrates its first Christmas with us with **ChristMAX** – there's no better excuse to take some family time out to have endless fun at their adrenaline-pumping venue with 12 days of exclusive offers. Enjoy e-karting, bowling, batting cages – and some of the most delicious food around! No need to decide who wins when it comes to the food choices, too, Gravity boasts five amazing food brands in one place, including **Wendy's** and **Creams**.

Relax – you deserve it! – at the cosy **Bar Hütte**, as they are back under the Christmas Tree on **Chavasse Park** from 10 November. This year,



book for exciting events like toddler sensory mornings, wreath-making and after school clubs. Tickets go fast – so book now! Don't forget, too, the hilarious karaoke hüttes.

Think **Twixmas** when you explore our other entertainment options – new for 2023 is gaming and esports venue leveltap. Along with **Escape Live!** and **Junkyard Golf Club**, these fun venues are all perfect for those in-between days when the kids are climbing the walls.

Liverpool ONE Gift Card

Fancy sorting everyone out in one go and leaving more time for Christmas cocktails? The **Liverpool ONE Gift Card** is accepted in over 150 of our stores, restaurants and entertainment venues, so uncles, aunts, grans and cousins will be delighted to find one in their stocking! Let them spend it their way and pick up a **Gift Card** in our **Information Centre** on **Wall Street**.

For more information visit liverpool-one.com/christmas



★ STAR SPOTTERS GUIDE ★

Winter has arrived and now the skies are at their darkest, it's a great time to see which constellations, stars and planets you can spot!

Patrick Kiernan, who runs the Planetarium at World Museum, has some top tips for what to look out for...



SEEING STARS

When you look at the night sky you can see lots of stars, at first they look like someone has just thrown them onto the sky. After a while you might see that they form patterns. Astronomers call those patterns constellations.

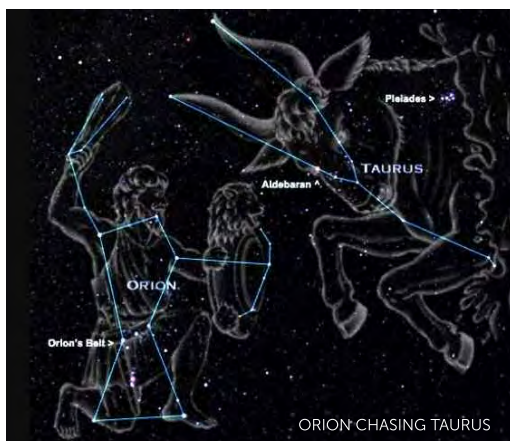
You don't need a telescope or anything special to see stars.

One star pattern that is always visible for us is the Plough. Some people think it looks like a saucepan.

The two stars at the end of the Plough are called The Pointers because they point to the North Star – Polaris. This star always points North.

The brightest constellations in Winter are Taurus the Bull, and Orion the Hunter.

Taurus looks like a giant V on its side; above it is a faint group of stars, called the Seven Sisters. Can you see why it's called that?



Orion is chasing Taurus so appears in the sky after it; there is a red star on his right shoulder and a bright white star at his left foot. He also has a belt of three stars, hanging from it is his sword.



JUPITER

OUT OF THIS WORLD SPACE FACTS

Jupiter is the biggest planet in the Solar System, it is so big that you could fit 1,300 Earths inside it.

The largest object in our Solar System is the Sun, it is much bigger than Jupiter: so big that you could fit ONE MILLION Earths inside it!!



BRIGHT LIGHTS IN THE NIGHT SKY

Have you noticed a very bright star in the sky? It is not really a star but the planet Jupiter; the largest planet in the Solar System.

Remember to look at the Moon, our closest neighbour in space. Watch how it changes its shape – from a crescent to a round full moon. How long does it take to go from a full moon to full moon?

Sometimes you might see a bright flash of light across the sky, this is a shooting star or meteor. Shooting stars are not really stars but bits of dust that burn up in Earth's atmosphere.





SWIMMING - ARE WE DOING ENOUGH?

Swimming as we all know is a life skill that everyone should have, but nearly half of all children cannot swim the length of a pool by the time they leave primary school. Why is this? Budget cuts? Maybe. Fewer swimming pools? Could be? That doesn't stop us parents from taking our children swimming ourselves. There are some fantastic pools in Sefton from Dunes in Southport, Formby Pool, Bootle Leisure Centre, Meadows Leisure Centre in Maghull and Crosby Leisure Centre. We just need to use them more.

1 in 3 children say swimming is their favourite family activity but are we as parents taking them enough and are we teaching them properly?

Swimming is great for child development. It is a unique sensory experience, which accesses all five senses: sight, hearing, smell, touch and taste. Swimming even encourages a baby to meet physical milestones more quickly e.g. sitting up, crawling, and walking. As well as being fun, swimming can aid in mobility and cardiovascular functions, increasing fitness especially in babies, enabling them to move and breathe better resulting in significant improvement in overall language and communication skills. With improved coordination children can pick up other activities quicker like riding a bike, horse riding or even skateboarding. Research has also found that swimming encourages a connection between the mind and body, stimulating brain development and increasing intelligence. I should go more myself! It's a great way for improving fitness without putting stress on the skeletal form as

it works the large muscles of the body, honing in on gross motor skills and building coordination. In babies, swimming has also been accredited with improved eating and sleeping behaviour immediately after a lesson.

It's never too early to start lessons as swimming at a very early age encourages a lifetime of physical activity and wellbeing, providing an early introduction into other sports and activities whilst also highly benefiting baby development. A child who has swimming lessons from an early age will develop a lifelong confidence and enjoyment of water.

With drowning now the third highest cause of death amongst children in the UK, we as parents should be doing our best to give our children this life skill. You never know when they will need it!





Year 10 & 11 Open Events

2024



St Helens College

Wednesday
31st January
5pm-7pm

Wednesday
13th March
5pm-7pm



Monday
29th January
5pm-7pm

Monday
11th March
5pm-7pm



Scan the QR codes to find out
which campus you need to visit
and register your attendance!





First Aid Skills SAVES LIVES

St John Ambulance, the nation's leading first aid charity has teamed up with All About Family to bring you some simple, but life saving, first aid tips – this time: choking.

Choking is caused by a foreign object that is stuck at the back of the throat. A child may choke on food, or may put small objects into their mouth and cause a blockage of the airway.

If the blockage is severe they will be unable to speak, cough, or breathe, and will eventually lose consciousness.

If the casualty is a child or adult, follow these steps;

- Ask the casualty 'Are you choking?' If the casualty is breathing encourage them to cough.
- If they can't speak or breathe, bend them forward. Give up to five sharp blows between the shoulder blades with the heel of your hand. Check their mouth.
- If choking persists, stand behind the casualty. Put both arms around them and put one fist between the navel and the bottom of the breastbone. Grasp your fist with your other hand, and pull sharply inwards and upwards up to five times. Recheck the mouth.

- Repeat the backslaps and thrusts until the obstruction clears. If after three cycles it still has not cleared, call 999/112. Continue the sequence until help arrives. If they lose consciousness, open the airway and check breathing.

If the casualty is an infant, follow these steps;

- Lay the baby face down on your forearm supporting the body and chin.
- Give up to five back blows between the shoulder blades with the heel of your hand, check the mouth for any obstruction and remove.
- If the obstruction hasn't cleared, turn the baby on their back. Place two fingers on the centre of the infant's chest and push inwards and upwards against the breastbone. Check the mouth for any obstruction and remove. Repeat up to five times.
- If the obstruction doesn't clear, repeat the backslaps and thrusts until the obstruction clears. If after three cycles it still has not cleared, call 999/112. Continue the sequence until help arrives.

For those looking for quick, easily accessible first aid information, the St John Ambulance website www.sja.org.uk lots of free advice.

For more information about first aid courses please call **0844 770 4800**.

KD Theatre Productions Ltd in association with The Atkinson present

FI FI FO FUN PANTO AT THE ATKINSON!



BROOKSIDE'S
DEAN SULLIVAN
AS FLESHCREEP

JACK AND THE BEANSTALK

A GIANT CHRISTMAS SPECTACULAR

**THE
ATKINSON**

Lord Street, Southport, PR8 1DB

THU 7 – SUN 31 DEC 2023

www.theatkinson.co.uk | 01704 533 333

Sefton Council 


KD
THEATRE
PRODUCTIONS



New Year, New Career with the Fast Track to Employment Programme



St Helens Chamber's Fast Track to Employment programme runs for 12 weeks, and is designed to give young people the skills and work experience needed to reach a range of career goals.

Fast Track to Employment supports those wanting to start an Apprenticeship, and those wanting to find employment in other roles.

Over 12 weeks, students on this exciting programme will:

- Develop employability skills
- Get skills and qualifications relevant to young people's chosen industry
- Give access to qualified Careers Advisers for advice and guidance
- Provide CV and interview support
- Include a work experience placement
- Include part in enrichment days

Lisa Weir, Director of Training at St Helens Chamber, explained: "This course provides everything a young person could need to get their career off to a great start. The Chamber works closely with local employers to secure exclusive vacancies including Apprenticeships, so there are lots of opportunities to get into employment.

"Alongside this, our qualified Careers Advisers will be on hand to help with CV writing, interview preparation and applications. All this, mixed with the

work experience placement and sector specific qualifications/training mean students on this new programme will have the best possible chances of success and standing out to employers."

If you know an ambitious young person aged 16-24 wanting to take the first step in their career and ensure that they have all the skills and experience employers are looking for, enrolments are taking place for courses starting in January.

Lisa added: "Everyone is welcome to come along to an open day and find out more about the programme – so make sure to come and see us and find out how we can help you start your career!"

To find out more about the Fast Track to Employment Programme and see upcoming open day dates, email info@thestartingpoint.org or visit <https://www.sthelenschamber.com/startingpoint/fast-track-to-employment/>

LOOKING TO GET INTO WORK?

Whether you're looking for an Apprenticeship or another role, our NEW Fast Track to Employment programme will help you to secure the job you want.

#FASTTRACK TO EMPLOYMENT

Email apprenticeships@sthelenschamber.com to get started, or call on 01744 742045

LOOKING TO GET INTO WORK?

**#FASTTRACK
TO EMPLOYMENT**

Whether you're looking for an
Apprenticeship or another
role, our NEW Fast Track to
Employment programme will help
you to secure the job you want.

If you're aged 16-24, we can help you get on the path you need to achieve your career goals; with access to qualified Career Coaches every step of the way.

Contact us on 01744 698800 or
info@thestartingpoint.org to find out more



St Helens Chamber



Party Animals Garden Trail THE BLUECOAT OPEN NOW 11am - 5pm

Artists from Blue Room, Bluecoat's inclusive arts project invite you to discover a menagerie of festive characters hidden in our secret garden. Help yourself to a free trail from our Children's Corner and see how many party animals you can spot.

The Party Animals trail celebrates characters from Blue Room's knot wrap commissioned by cosmetics retailer Lush.

www.thebluecoat.org.uk

Story & Rhyme Time THE ATKINSON

Every Wednesday 11.30am FREE

Ages 0-4. Children must be accompanied by an adult at all times. Approximately 45 minutes.

Places are limited. Pre-booking is required on a first come, first served basis.

To book please visit Southport Library in person or call 0151 934 2118.

www.theatkinson.co.uk

Planetarium WORLD MUSEUM, William Brown St. Shows Daily

Marvel at the universe and learn about our solar system, in one of the oldest full dome planetariums in the UK.

For tickets visit:

www.liverpoolmuseums.org.uk

The Light Before Christmas THE MANGER:

LIVERPOOL CATHEDRAL
1 - 8 December 4.30pm

After the huge success of last year's event, The Light Before Christmas is returning to Liverpool Cathedral for Christmas 2023.

Enjoy the most wonderful time of year as the magnificent Gothic interior of the iconic building becomes a canvas for a sequence of dazzling light and sound artworks.

Last year's sell-out event wowed audiences and became a "must-visit"

Christmas event.

This year, award-winning artistic collaboration Luxmuralis are back with 'Light Before Christmas: The Manger', the second of The Light Before Christmas series.

This beautiful, immersive experience will take visitors on an incredible journey through the Nativity story celebrating the true magic of Christmas.

www.liverpoolcathedral.org.uk

Cinderella ALBERT HALLS

1 - 31 December
Various shows throughout the day.

Prepare to sparkle at the Albert Halls 2023 pantomime Cinderella, presented by Polka Dot Pantomimes.

This year's festive extravaganza "CINDERELLA" features a West End and Celebrity cast, spectacular scenery, dazzling costumes, fantastic singing, amazing dancing, a large dose of comedy, and a magical flying coach to take Cinderella to the ball!

A family pantomime where dreams really do come true.

www.alberthalls-bolton.co.uk

Ice Skating Southport VICTORIA PARK

1 - 31 December

Get your skates on and join us for a frosty adventure like no other. Our enchanting 'REAL' ice skating rink opens 1st -31st December, and we've got a spectacular lineup of festivities waiting for you.

Whether you're a seasoned skater or a beginner, there's something for everyone to enjoy. So, grab your friends, family, or that special someone, and let's make this holiday season one to remember.

www.IceSkatingSouthport.com

Aladdin - Christmas Pantomime ST HELENS THEATRE ROYAL

2 Dec - 4 Jan 2024
Relaxed performance - Saturday
13 Jan 2024 at 10am

Join our hero Aladdin as he battles the evil Abanazer and his dastardly plan to rule the world with the help of one very special lamp. Can Aladdin save the day and win the heart of the fair Princess Jasmine?

With larger-than-life washerwoman mum Widow Twankey, hapless Wishee Washee, the Genie of the Lamp, Slave of the Ring and a beautiful princess, this is a show full of magic and adventure!

www.sthelenstheatreoyal.com

Jack & The Beanstalk - Christmas Pantomime

THE ATKINSON
7 Dec - 31 Dec

Join our hero Jack Trott as he embarks on an extraordinary journey up the beanstalk to an enchanted land above the clouds. With hilarious antics, loveable characters, and a handful of magic beans, this traditional family panto will captivate audiences of all ages. Oh yes it will!

Will Jack outwit the ferocious Giant Blunderbore and save the village from his wicked ways? His mum Dame Trott, brother Silly Billy and the family cow Daisy certainly hope so! With the hand of the girl he loves at stake, Jack needs your help on his gigantic adventure.

Packed with toe-tapping songs, dazzling costumes and stunning sets, this larger-than-life pantomime promises to be an unmissable treat for everyone this festive season.

www.theatkinson.co.uk

Christmas Makers & Shakers THE BLUECOAT

Sun 10 Dec, 10.30am - 12.30pm
& 1.30pm - 3.30pm

Bring the whole family together for festive moving, making and shaking. Create Christmas decorations with the Bluecoat and follow Santa's trail across the globe in a dance session led by artists from Movema.

Tickets - Family of 4 Bundle: £30 |
Adult & Child: £20 | Additional Child: £8
Crawlers go free

www.thebluecoat.org.uk

BY ALAN FRAYN

DIRECTED BY JOHN COATES

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7TH JANUARY 2024**



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Produced by Anthony Gurney



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TERMS AND CONDITIONS



**Breakfast with Father Christmas
LIVERPOOL CATHEDRAL -
WELSFORD BISTRO**

10 & 17 December, 9.00am

Do you want an unforgettable breakfast for your child this Christmas? On two dates this December you have the opportunity to enjoy a 2-course breakfast at The Welsford Bistro as well as a table visit from Father Christmas where each child receives a gift.

- Adults: £22.50
- Children: £12.50 (present included)

www.liverpoolcathedral.org.uk

**Royal Institute Christmas Lectures:
Artificial Intelligence
WORLD MUSEUM, William Brown St.
12, 14 & 16 December, 6.00pm**

The world's longest-running science lecture series comes to Liverpool, and will be livestreamed from the Royal Institution's iconic theatre to World Museum. Professor Mike Wooldridge will tackle the most important and rapidly evolving field of science today – Artificial Intelligence (AI) - exploring everything from gaming to robots.

For tickets visit:

www.liverpoolmuseums.org.uk

**The Snowman
LIVERPOOL ANGLICAN CATHEDRAL
22 December, 5.00pm & 7.00pm**

Make it a Christmas to remember with a special performance at Liverpool and Chester Cathedrals featuring two of the UK's best-loved films - The Snowman and Wallace & Gromit: The Wrong Trousers with live orchestra.

Alongside The Snowman film, a whistle-stop guide to the orchestra and a visit from the Snowman himself, join everyone's favourite duo in Aardman's multi award-winning film, The Wrong Trousers. After the performance, meet the musicians, see their instruments and admire their amazing costumes.

Book soon, as tickets sell out quickly!
www.carrotproductions.com

**Carols for Christmas Eve
LIVERPOOL CATHEDRAL
24 December, 11.00am**

Join us for Family Christmas Carols on Christmas Eve

Join us for a special shorter family-style Christmas carol service, with music from our voluntary choirs at 11:00 on Sunday 24 December, Christmas Eve.

This 45-minute carol service is the perfect way to start Christmas Eve with your family.

Things to note about this service:

- Everyone is invited, but this service is particularly family-friendly, lasting only 45 minutes
- Free entry, no booking required
- Limited paid-for parking is available
- You can find details of alternative parking nearby on the How to Find Us webpage.

www.liverpoolcathedral.org.uk

**Rapunzel
THE ATKINSON
11 Jan - 24 Jan 2024**

All Souls Dramatic Club return once again with a breath-taking modern pantomime. The tale of 'Rapunzel'. A family extravaganza which promises to take you on a magical journey with captivating characters, stunning staging and entertaining fun for all. A story of endless possibilities and that encourages us to believe in imagination.

www.southportpanto.com

**Tim Spooner Family Workshop
THE BLUECOAT
Sun 21 Jan 2024, 10.30am - 1.30pm &
2.00pm - 4.00pm**

Looking for an alternative Christmas present for the child who has everything?

Book onto our family friendly Collagraph Creatures print workshop for a gift with a difference. Inspired by our current exhibition, A New Kind of Animal by Tim Spooner, budding artists will have the opportunity to make their very own Tim Spooner-esque creature

using a printing technique called Collagraphy.

Tickets - Adult + Child: £14
Additional Child: £8

www.thebluecoat.org.uk

**The Sooty Show -
75th Birthday Spectacular!
ST HELENS THEATRE ROYAL
3 Feb 2024**

Celebrating 75 amazing years in show business, Sooty, Sweep and Soo are planning a very special birthday party and you're all invited. However, in true Sooty style nothing goes to plan!

The party preparations are well underway: Sooty gets messy baking the birthday cake, Soo's trying to find the perfect party dress, and Sweep's practising his dance moves and needs some boys and girls to join in with musical statues! Sooty is planning his biggest magic trick yet making a member of the audience float in the air! Oh, and watch out for Sooty's new water pistol. It's turbocharged to reach right to the back of the theatre, so don't forget your raincoat!

www.sthelenstheatreroyal.com

**Morgan & West's Massive
Magic Show for Kids!
THE ATKINSON
15 Feb 2024**

Roll up, roll up! Morgan & West are back with a massive magic show for kids (and their childish grown-ups)!

Expect gawps, gasps, and guffaws in this relentlessly funny and fantastical magic filled extravaganza, guaranteed to delight those aged five and 105, and indeed everyone in between!

Morgan & West have shown their scientific skills in Unbelievable Science (national tour), brought good will to all with their Great Big Christmas Magic Show (national tour), attempted to escape The Slammer (CBBC), and even fooled Penn & Teller (ITV/CW Network).

This season their hitting the road with their brand new magic show full of their trademark wit, whimsy, and wall-to-wall silliness.

www.theatkinson.co.uk



The **2023 Tour** **Snowman** with live orchestra

including

Wallace & Gromit
THE WRONG TROUSERS
30 YEARS



Chester Cathedral

Thursday 21 December
1.45pm, 4.00pm, 6.30pm

Liverpool Cathedral

Friday 22 December
5.00pm, 7.30pm

Tickets on sale NOW
carrotproductions.com

What's on at Liverpool ONE this Winter

Advent Calendar Giveaway 1-12 December, Online

You could win an amazing prize every day from 1-12 December worth at least £250, from one of our fantastic brands. Make sure you're following us on social media - and sign up to our newsletter - to be the first one to hear about which brands are involved in the giveaway each day.

Visit: www.liverpool-one.com/christmas



Christmas Trail at Liverpool ONE

Enjoy a free Christmas Trail for the whole family this Christmas at Liverpool ONE.

Your little ones will embark on a journey following clues to discover lots of magical installations including illuminated reindeers, angel wings, Christmas trees, and festive characters hidden in shop windows, waiting to be found!

Complete the trail for a special sticker for the kids and the chance to win a £250 Liverpool ONE Gift Card for the parents!

Find out more on:

www.liverpool-one.com/christmas-trail



Santa's Grotto at John Lewis & Partners, Liverpool ONE 23 November – 24 December

Work your way through the interactive grotto (with the help of Santa's mischievous little helpers). Complete your mission and you'll meet Santa, have your photo taken and receive a very special gift.

£20 per child (includes a plush toy worth £10) plus a £2 booking fee. £2 per adult plus a 20p booking fee. Professional photos available to purchase separately

Book on: johnlewis.com/our-services/santas-grotto



Bar Hütte on Chavasse Park Until 31 December

Christmas at Liverpool ONE means karaoke, apres-ski-inspired fun and family friendly events as Bar Hütte returns to Chavasse Park this year. Gather your squad – the Hüttes fit eight, so get the whole family involved! Book in advance to guarantee your spot, or drop in to enjoy the stunning lodge beneath the tree – now all that's left to decide is, what's your karaoke song?

Santa Claus Club

Various dates until 24 December

Enjoy an hour of karaoke magic in a Hütte, a hot chocolate and colouring pads for the kids. Plus, there'll be an opportunity to grab a selfie with a very special guest. Yep – Santa Claus himself will be stopping by!

£25 for one hour, for a minimum of 2 people, maximum of 6.

Book on: liverpool-one.com/bar-hutte



After School Club

Tuesdays during Term
Time 3.30pm or 4.00pm

Join Bar Hütte for the Festive After School Club, a delightful treat for the young ones that will run Tuesdays during term time.

Includes a hot chocolate, colouring pads and karaoke. It's the perfect way to light up those weekday afternoons!

£20 for an hour in a Hütte. Book on: liverpool-one.com/bar-hutte

Festive Sensory Mornings Selected mornings

There's something special in store for our little guests. Festive sensory mornings at Bar Hütte are new for 2023, taking place on selected Mondays from 10.30am - 11.15am. £9 per child. Book on: liverpool-one.com/bar-hutte

Bark Hütte Until 31 December

This pup-sized hütte is to be enjoyed with complimentary dog treats and plenty of photo props to get the whole gang in the festive spirit. No booking needed, simply show up to the doggy grotto and get snap happy! There's also a doggy drinks menu where your furry friend can lick up some paw-secco.

Visit: liverpool-one.com/bar-hutte





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- Media Production
- Teacher Training
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- Tourism and Hospitality Management



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LIVERPOOL
JOHN MOORES
UNIVERSITY

The Joy of Christmas

at Liverpool Cathedral



Liverpool Cathedral is a special place to visit all year around. At Christmas time, it feels extra magical, and you are invited to join us to make memories of precious family time together. Take a look at some of our highlights including;

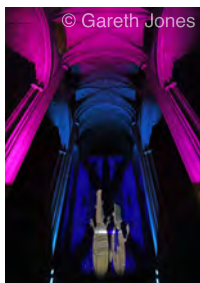
Spectacular Light & Sound Show

Liverpool Cathedral is set to bring some extra sparkle to the city's Christmas celebrations with an immersive experience bringing the Nativity story to life with a stunning display of lights, projections and sounds from 1 to 8 December.

'The Light Before Christmas - The Manger' created by Luxmuralis welcomes families to enjoy the most wonderful time of year. Tickets are available via Ticket Quarter online.

Christmas Events, Concerts & Services

From traditional Advent services celebrating the true meaning of Christmas to spectacular carol concerts, there are lots of events you are welcome to join us for leading up to Christmas Day itself.



Make it a Christmas to remember, with a special screening of family-favourite *The Snowman*, accompanied by a live orchestra on 22 December. There are two show times of 5 and 7:30 pm.

Coffee and Carols and more...

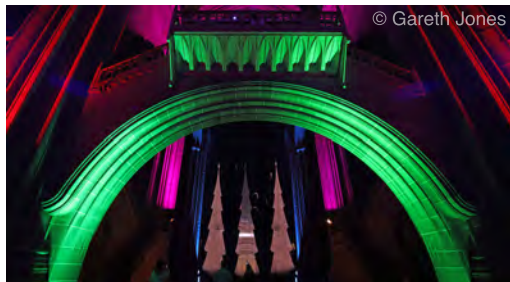
What could be more festive than enjoying a mince pie and cup of coffee while listening to seasonal merriment? You'll be able to enjoy a wide range of refreshments and delicious homecooked food during your festive visit from our Welsford Bistro.

Christmas Gifts

A browse in our on-site gift shop gives all the inspiration you need to find those unique presents for your loved ones. Check out our huge range of nativity sets; we still believe it to be the biggest range in the city! You can also visit the shop online at cathedralshop.com

For full Christmas listings and information on how to book for ticketed events visit:

liverpoolcathedral.org.uk



ADULTS
£9.90
Children £7.70, family £28.60,
free for under 3s. Prices include booking fees

THE LIGHT BEFORE CHRISTMAS

— The Manger by Luxmuralis —

1 to 8 December 2023

A Christmas-themed light and sound show
at Liverpool Cathedral

Created by Luxmuralis

Award-winning artistic collaboration Luxmuralis are back with The Light Before Christmas, 'The Manger'. Journey through the nativity story celebrating the true magic of Christmas through light and sound.



 BOOK NOW



LIVERPOOL CATHEDRAL

www.liverpoolcathedral.org.uk



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All prices include a £1 per seat transaction fee. On-line bookings are subject to an additional 50p per seat on-line processing fee.

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