

# Parent Guide

## How can I use this with my children?

Make your own Viking Trolle wheel to weave a Viking braid at home with wool or string.

## How does this help my children's learning?

Drawing an accurate circle and using it to mark out 8 evenly spaced slots for weaving your yarn may encourage counting and accurate measuring.

## Ideas for further learning:

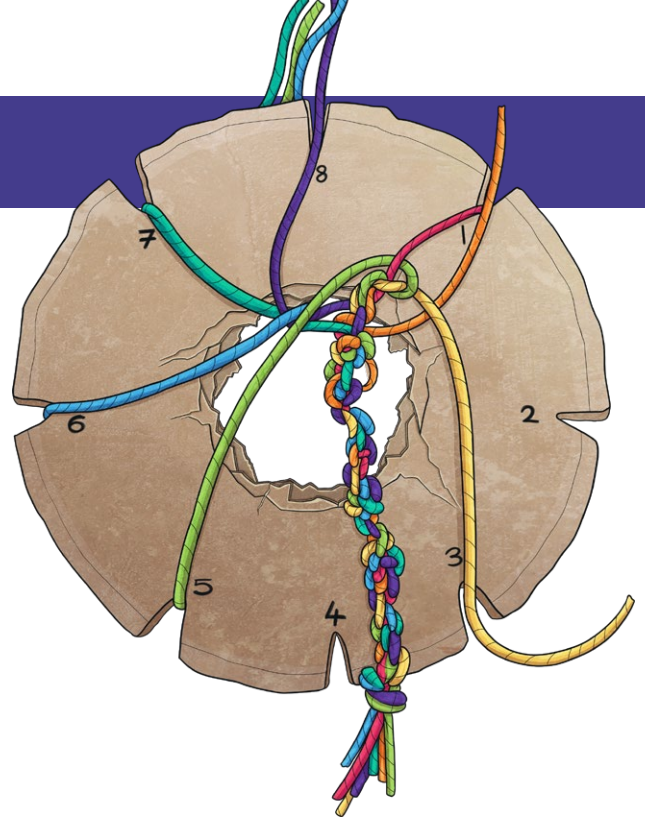
Why not use a range of colours to create patterned braids? Use this technique to make friendship bracelets or Viking key chains.



# Viking Trolen Craft

## You will need:

- cardboard
- pencil
- ruler
- scissors
- string or wool
- masking tape (optional)
- ribbon (optional)



## Instructions:

1. Draw a circle onto the cardboard at least 10cm in diameter.
2. Carefully cut it out with scissors.
3. Draw a smaller circle in the middle, about the size of a 10p and cut this out too.
4. Mark 8 slots, evenly spaced around the edge of the circle and cut small triangles in to them about 1cm in the circle.
5. Number each slot from 0 to 7.
6. Cut seven lengths of wool about 40cm long and tie them together at one end with a knot.
7. Thread the yarn through the hole and tape or hold the knot at the back of the card circle.
8. Thread each of the seven threads through one of the numbered slots. Leave slot 0 empty.
9. Move the yarn at slot 3 to the one marked 0.
10. Move the next yarn at slot 5 to the now empty slot 3.
11. Move the next yarn at slot 7 to the empty slot 5.
12. Move the yarn in slot 1 to number 7.
13. Keep repeating and rotating the disc.
14. As you continue, a braid will start to appear from the middle of the circle.
15. Keep going until you have your desired length or until you have no more yarn left to weave.
16. Remove the yarn from the card and tie with a knot or secure with a ribbon.

**Your first Trolen braid may seem a little loose. As you practise, you can learn about the tension and it will tighten up.**

Some ingredients and/or materials used might cause allergic reactions or health problems. You should ensure that you are fully aware of the allergies and health conditions of those taking part. If you have any concerns about your own or somebody else's health or wellbeing, always speak to a qualified health professional. Activities listed within the resource should always be supervised by an appropriate adult. Children should be supervised when using sharp items such as scissors or other tools. Please make sure you are aware that children may put craft items into their mouths, and that they should wash their hands afterwards. By using this resource, you acknowledge that it is the responsibility of supervising adults to ensure the safety of children in their care and that we will accept no liability as a result of the activity.

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